

VEGETABLE

Fresh & Frozen



CASSAVA LEAF - Lá mì

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Ball + Rectangular

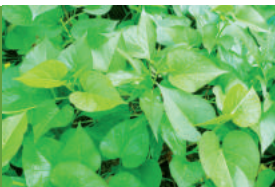


CASSAVA- Khoai mì

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Dice + Minced + Slice + Strips + Steamed + Whole



SWEET POTATO LEAF - Lá khoai lang

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Ball + Minced + Slice



PANDA LEAF - Lá dĩa

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Whole, cut



AMARANTH - Rau dền

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Whole



MALABAR NIGHTSHADE - Rau mong toi

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Whole



POT-HERBS - Rau day

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Whole



SPRING ONION - Hành lá

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Whole + cut 3mm

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PARSLEY - Ngò rí

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
Whole



SHALLOTS - Hành tím

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
Minced + Cut 2mm



CELERY - Can tây

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
Whole



CENTELLA - Rau má

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
Whole



MINT - Bac hà

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
Slice



CAULIFLOWER - Súp lơ

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
cut



COLZA - Cai xanh

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
Whole



SMALL COLZA - Cai thìa

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

TYPES:
Whole + cut 3mm

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WATER CRESS - Xà lách xoong

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Whole



MINT LEAF - Rau húng

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Whole



COMMON BASIL - Rau húng que

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Whole



PERILLA NANKINENSIS - Rau tía

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Whole



LASKA LEAF - Rau ram

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Slice



CABBAGE - Bap sú

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Slice



ASPARAGUS - Mang tây

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Whole, cut



ARTICHOKE - Hoa atiso

Available in Months ☒1 ☒2 ☒3 ☒4 ☒5 ☒6 ☒7 ☒8 ☒9 ☒10 ☒11 ☒12

TYPES:

Whole + cut 3mm

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ZUCCHINI (Courgette) - Bí ngòi

Available in Months ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Whole, cut



PUMPKIN - Bí do

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Strips + Cubes + Dices + Minced + Whole



BITTER MELON - Kho qua

Available in Months ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Slice + Whole



OKRA - Đậu bắp

Available in Months ☒ 1 ☒ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Whole, cut



GREEN SOYBEAN - Đậu nành

Available in Months ☐ 1 ☐ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Slice



WINGED BEAN - Đậu rồng

Available in Months ☐ 1 ☐ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☐ 11 ☐ 12

TYPES:

Whole



PEANUT - Đậu phụng

Available in Months ☐ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12

TYPES:

Boiled whole



FRENCH BEAN - Đậu ve

Available in Months ☐ 1 ☐ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☐ 11 ☐ 12

TYPES:

Whole + cut 3mm



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LONG YARD BEAN - Đậu đũa

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☐	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒

TYPES:

Cut



EGGPLANT - Cà tím

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒



ALOE VERA - Nha đam

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒

TYPES:

Crushed



BELL PEPPER - Ớt chuông

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒

TYPES:

Slice, Cubes



CHILLI - Ớt đỏ

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒

TYPES:

Fresh, frozen whole, dried chilli and dried chilli powder



SWEET POTATO - Khoai lang

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒

TYPES:

Cube + Dice + Slice



GALANGAL - Củ riềng

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒

TYPES:

Minced + Slice + Whole



WHITE CORN

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒

TYPES:

Boiled Whole

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FROZEN BABY SWEET CORN

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☐	☐	☒	☒	☒	☒	☒	☒	☒	☒	☒	☐

TYPES:

Whole, cut



LONG TURNIP

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☐	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☐

TYPES:

Whole, slice, cut, cubes



PURPLE YAM

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☐	☐	☒	☒	☒	☒	☒	☒	☒	☒	☒	☐



SEA GRAPE - Seaweed

Available in Months

1	2	3	4	5	6	7	8	9	10	11	12
☒	☒	☒	☐	☐	☐	☒	☒	☒	☒	☒	☒

TYPES:

In brine, dried